

Be sure to complete/save all health assignments, assessments and notes (keep them to study for the final exam).

***Extra help is available upon request**

Course Content

Wellness
Cell phone safety
Bullying prevention
Mental Health
Stress Management
Heart Disease/Cancer/Diabetes
Eating Disorders
Nutrition
Infectious Disease
STDS & HIV/AIDS
Contraceptives
Pregnancy, Birth and Parenting
Abstinence & Reproductive Health
Vaping/Tobacco
Alcohol
Healthy Relationships
Dating Violence Prevention
Assertiveness Skills

Grading Policy

Classwork/HW	25%
Quizzes	25%
Effort/Participation	25%
Tests	25%

*** Final grade**

Your Final health grade will be an average of your 2 quarter grades earned during the semester.

Everyone will have the opportunity to learn, have fun and succeed in this course. It is up to you to take advantage of these opportunities. **WELCOME TO HEALTH!**

Please type signatures below after reading this document and submit for assignment grade.

Student Signature _____

Parent Signature _____